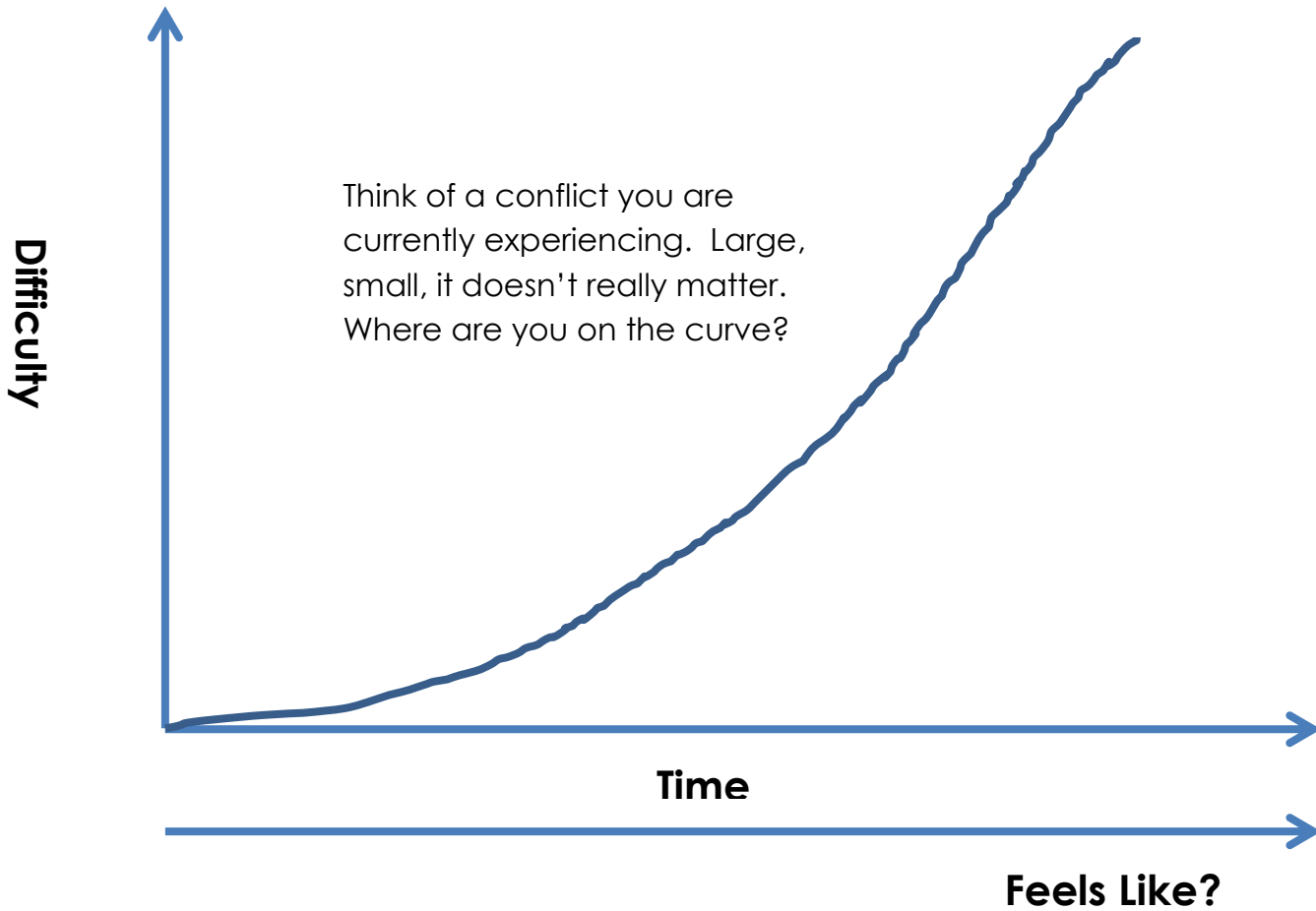


The Simple Feedback Conflict Curve

The Conflict Curve is a visual aid used to demonstrate the results of putting off difficult conversations.



1. The longer you wait, the harder it gets.
2. The longer you wait, the more it can feel like betrayal to the other person.
3. Are you ready for the conversation?
4. Can you use STARR feedback?

Note: The model doesn't suggest you need to respond to difficult issues immediately. Some may need to cool off first or take a Peace Breath. Difficult conversations are usually not productive when you are angry, anxious, or exhausted. The point is, don't wait too long!

Who we are: Peace Learning Center of Indianapolis educates, inspires and empowers people to live peacefully and is committed to building peaceful, just communities through education and empowerment. *Interested in learning more about how Peace Learning Center can help your group, workplace or classroom become a more welcoming and peaceful place for everyone? Visit our website at www.peacelearningcenter.org to learn more or give us a call at 317-327-7144.*